

## **Workshop A: Saturday 1:00-2:30 PM**

### **1. *On Earth as in Heaven- Katherine Niles, Mission Speaker***

Can God's Kingdom come on earth, as in heaven, to remote Congo hospitals? And How? For 90 minutes, travel several thousand kilometers with Katherine, over Congo's choice roads, and visit hospitals and meet doctors and nurses who daily flesh out the love of God by providing medical care to patients who need hope and healing. Discover how you - through White Cross and International Ministries - have been involved, and can continue to be involved, in bringing the Kingdom of God to earth through medical work in Congo.

### **2. *Finding your place at the Table: Discovering the ministry of ABCOPAD (American Baptist Churches of PA/DE)-***

*Sue MacDonald, ABCOPAD Foundation Director of Development and Rev. Dr. Frank Frischkorn, Regional Executive Pastor*

You know you are part of a family when you have a seat at the table, don't you? Well the truth is, **YOU** have a seat at the table of this regional family known as ABCOPAD, and we would love to help you find out about it! During this workshop we'll explore the many ways that God is using the American Baptist Churches of Pennsylvania and Delaware to advance the Kingdom, and in the process, point to some ways that you can be involved in the exciting ministries that are happening throughout our region and literally around the world.

### **3. *Disaster Relief, Serving as the Hands and Feet of Jesus- Rev. Mark Mahserjian-Smith, Regional Pastor for Mission and Communication***

CNN reported on January 8, 2018, 2017 was the costliest year ever for weather and climate disasters in the United States, the National Oceanographic and Atmospheric Administration announced Monday, totaling \$306 billion. The previous record year, 2005, saw \$215 billion in disasters. Highlighted by a string of hurricanes that pounded the southeastern US coast in August and September, as well as devastating wildfires that torched large swaths of Northern and Southern California, 2017 saw 16 weather events that each topped a billion dollars in damage. This ties 2011 for the most billion-dollar weather events to occur in a single year, but their extreme nature and the breadth of disaster types really set last year apart. Now more than ever volunteers are needed to provide disaster relief for those whose lives have been impacted by so much destruction. Come hear some of the stories coming out of the disaster relief mission trips and learn more about how you can be the hands and feet of Jesus for those in need.

### **4. *A New Morning Routine: Putting on the Armor of God- Rev. Rob Rice, Pastor-Muncy Baptist Church***

All of us have different morning routines, but it's likely that none of us put on a physical set of armor each morning! We don't do this because we aren't going out to fight a physical battle each day (though sometimes getting kids ready can feel like one). Though we don't think of life in terms of being in battle or needing armor, Scripture reminds us that each day we face a variety of spiritual battles. Each day, we've got to ready ourselves for these battles by putting

on the armor that God has given us. We've probably got our morning routine down, and may even have a great devotional life, but we may be a little rusty on putting on the armor of God. In this workshop, we will explore how we can practically follow the command of Ephesians 6 to put on the full armor of God each day. Please bring a journal and your Bible.

**5. *Thriving in Thankfulness!*- Christy Meneely, Spiritual Enrichment Coordinator**

Would you like to learn more about Thrive Groups, or be encouraged with new ideas for your current Thrive Group? Based on "One Thousand Gifts" by Ann Voskamp and "Trusting Jesus" by Sarah Young, we will be focusing on THANKFULNESS and Thrive Book Club Groups.

Thankfulness is a royal road to draw near to God. "A thankful heart has plenty of room for me. When you thank Me for the many pleasures I provide, you affirm that I am God from whom all blessings flow. When adversity strikes, and you thank Me anyway, your trust in My sovereignty is a show piece in the invisible realms." (Jesus Calling) Come and join in to learn more about Thrive Groups and to explore the joyous discipline of *thankfulness* to help us live in the intimacy of His Presence.

**6. *Sharing Kids Lessons*- Jodie Vasbinder, Registrar and Fern Schon, Secretary**

This workshop will be an interactive format. Each participant will be responsible for sharing a 4-5 minute KIDS LESSON. You will present your kids lesson using props, story, scripture, etc. Please bring a written plan of your lesson to share with each of the other participants. Include props used, a short description of how it ties into your story and/or scripture and the point of your lesson. Limit 15 people.

**7. *Storigami*- Rev. Dr. Jeff Johnson, Regional Pastor with Congregations**

Origami is the ancient art of paper folding. It is telling a story with paper but no words, just creases. This workshop will involve both your head and your hands. You will learn about the history of origami from various cultures and countries, across centuries. Today, origami has evolved from folding paper, to folding money, to even folding napkins and towels. Participants will actually do a number of hands on projects, culminating in a paper folding experience that literally saved one's man life and another man's soul. Proverbs 24:33 "... with a little folding of the hands, take a rest ..." So, come and join the rest of "the fold"! You'll be glad you did. For sure your (origami) heart will be ... which will be our first project. Limit 20 people.

**8. *ABW ROCKS!* - Myra Goss and Melissa Maxim**

Come and cultivate your creativity! Paint on some rocks to give as gifts, leave as a surprise for someone to find, or cherish as a memory of our awesome Women's Conference! \$5 per person. Limit 20 people.

**9. *Punch Fabric Wreaths*- Pam Hughes, President**

Wreaths are created by using squares of fabric and we will use a dowel to push the fabric into a wreath form. This is a great way to use up scraps of fabric in a creative way! Holiday themed wreaths are also a fun to create with left over scraps! \$6 per person. Limit 12 people.

**10. Ready, Set, Roll!!- Maureen Koeller, White Cross Coordinator**

This is a hands-on workshop where you will be cutting and rolling bandages of all sizes and tying them, cutting 4"X4" squares and tying them in stacks of 50. You will see what other "hand work" is needed by our hospitals in the Democratic Republic of Congo. Come, find out how much fun you can have when you join a group working to supply these simple but much appreciated items. CAUTION! You could be inspired to form your own roller gang! Limit 10 people.

**Workshop B: Saturday 2:45-4:15 PM**

**11. Unleash the Power of Prayer-Why Don't My Mountains Move? - Kelley Latta**

Have you ever felt frustrated by prayer? Or wondered why you should bother if God is sovereign and does as He pleases? Yet according to scripture, prayer is our most powerful weapon. Let's learn to use it biblically! We will examine God's plan for utilizing people to bring about His will on earth. Learn how to unite with God in prayer and become a vessel that releases His power!

**12. Strategies for Planning and Money Mapping Your Future- Kristine Lutton, Development Advisor-American Baptist Foundation**

Please join me in learning ways to be vessels of generosity in your estate planning and the financial management of your future. Learn how to take better care of your finances, retirement, and your philanthropic goals. Understand the differences between wills, living wills and trusts. Let's talk about real estate, life estates, and just for fun, CD's Charitable Gift Annuities, and IRA's! This can help you MAP your future and the future of your church women! \*All attendees will receive free "Women's Estate Planning Booklets," along with the "Five Wishes Planning Guide."

**13. Parenting: Discipleship at Home- Rev. David and Danae Klock**

David and Danae Klock will share from their hearts the importance of being the main disciple makers in our own children's lives. They will talk about patience, intentionality, discipline, serving and much more. They have two children, Aubrey (5) and Daxon (1), whom God has entrusted into their care. They do not claim to be experts, nor do they have all the answers to the questions/scenarios you may bring with you to this workshop. However, they believe that no matter what stage of parenting you are in (expecting your first child, you have young children, you have teenagers, or you have grandchildren) there is always opportunity for growth! Come be challenged and encouraged together on this journey called parenting!

**14. Prayer Beads- They're Not Just For Our Catholic Friends!- Kristin Paluszka**

When the Israelites felt lost and afraid in the desert, God gave them a prayer tool of knotted fringe. The fringe was intended to help them stay focused on God. Sometimes we feel lost when we pray, or we lose focus...prayer beads and other tools can help you stay focused on God. Prayer beads are a tool for prayer. Just as a hammer and nails construct a house, so prayer beads help us construct life of connection with God. The beads are not the end- they

are the means to an end, which is communion with God. Come join us and make your own set of Protestant prayer beads. We will also discuss prayers and strategies to use them in your prayer life. Based on "A Bead and a Prayer-A Beginner's Guide to Protestant Prayer Beads" by Kristen E. Vincent.

**15. *Biblical Wisdom When It Comes to Social Media*-Pastor Ken Sommerfeldt, Pastor-Olive Branch Baptist Church**

For better or for worse, social media is changing us. It is changing how we receive information, how we relate to people, how we see ourselves, and what we value and believe about God. In this workshop, you will look at five biblical values and how they can help us restore balance in our lives and end our unhealthy over-reliance on social media. Even if you're not a regular user of social media, this workshop can still help you because we all battle with spiritual distractions, discontent, and temptation. Even if you've never tweeted or posted, you still live in a selfie-centered world. And in your heart, you know there has to be more than what you see.

**16. *Bible Fitness 101*- Kathy Staje**

Do you wish you would read your Bible more? Do you have a success story to share? 1 Timothy 4:13 instructs us to read scripture. Lifeway research (2017) reports though many of us are fond of the Bible, less than half of us read it. Come and become a stronger Bible reader to learn more about God's great love for you! You are welcome to bring your Bible!!

**17. *Storigami*- Rev. Dr. Jeff Johnson, Regional Pastor with Congregations**

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**18. *Tiny Timeless Treasures*- Terri Rice**

Come and create an inspirational message that can fit just about anywhere to remind you of God's love, promises or commands. We will paint a small canvas with acrylic paint and stencil or free hand a treasured word, verse, or phrase. Some examples include Be Still and Know, JOY, Rejoice Always, and Pray. \$5.00 per person. Limit 12 people.

**19. *Prayer Boxes*- Lynda Kirkpatrick**

Come join us as we create prayer boxes! Using small wooden boxes, we will paint or stain the box and then be decorating them with tiny ceramic tiles, small jewels, and other trim. Participants will have the choice of three different sayings to place inside the lid of their prayer box. Small pad and pencil will be included for those attending so that they can write their prayers down to place within the box they create. \$5 per person. Limit 20 people.

**20. Conference Choir-** *Jessica Walizer, Church Pianist at Olive Branch Baptist Church*

God gave us a voice so let's use it to sing praises to and for Him. Join the Conference Choir and let us all use our voices together to make a joyful noise unto the Lord. We will sing one song a cappella and one in a praise and worship style. "I will sing to the Lord all my life; I will sing praise to my God as long as I live." ~Psalm 104:33

**21. Free Swim**

Grab your swimsuit and towel (must bring your own) and head over to the university pool and take a relaxing dip during this workshop time!