

# What to bring to Disaster Recovery

## Dress conservatively-

- NO shorts, tank tops, sandals at the work site
- Old clothes (long slacks/jeans, T-shirts)
- Work boots or heavy sole shoes
- Hat
- Bug spray and Sun screen
- Heavy work gloves and rubber gloves (for flood recovery)
- Dust mask
- Water bottle
- Antibacterial hand cleaner
- Nicer clothes for the evenings or church

## Staying in a church you will need-

- Sleeping bag or bed roll
- Air mattress or sleeping pad
- Towels, wash cloth and Shower shoes
- Toiletries
- Flash light
- First Aid Kit for each work site
- Use your own paper goods and food items. Do not use these items from the church kitchen unless you are given permission to do so.

All team members will need to have a current tetanus shot and bring any meds with them they are currently taking. Please make sure that team members clean up carefully after the work day and apply antibacterial cream to any open cuts, scratches or sores.

The General Board of Global Ministry accident insurance is an option for teams coming to a disaster area. Please have each volunteer check their insurance carrier to make sure they are covered under their own plan. If not, the GBGM insurance is only .75/day per person. Fill out the form (one per person) and mail it with a check for the team to the address on the form in New York.

The application forms need to be brought with you to the Disaster office or mailed ahead if you have time.

Thank you for being part of this ministry

